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### **WELCOME TO METRO.US**

NIKKI M MASCALI. REPORTER

the same job as you makes more — like, way more — than you do just because of their sex. Enter Equal Pay Day, an annual movement held in April to symbolize how far into a year women must work in order to earn what their male counterparts do. A rally at City Hall starts at noon today, so turn to page 4 or visit metro.us to hear from PowHer NY, one of the organizers and see some stats that show just how unequal income inequality really is.

### TRUMP CALLS FBI RAID OF LAWYER 'DISGRACEFUL'

President Donald Trump said on Monday that the FBI's raid on the office and home of his personal attorney Michael Cohen was a "disgraceful action" and "a total witch hunt." Speaking at the White House, Trump called special counsel Robert Mueller's team the most biased group of people and reiterated his view that Attorney General Jeff Sessions should not have recused himself from overseeing Mueller's probe of alleged Russian meddling in the U.S. election. Cohen is under investigation for campaign finance violations and bank fraud, the Washington Post reported on Mon-

day, citing a source familiar with the case. The raid could increase legal pressure on the president, because it involves the records of his longtime attorney and indicates a second center of investigations in Manhattan, alongside Mueller's Washington-based probe. Cohen has been at the center of a controversy over a \$130,000 payment he has admitted making before the 2016 election to porn star Stormy Daniels, who said that she had sex with Trump and was paid to keep quiet about it. Asked whether he would fire Mueller, Trump said, "Well, I think it's a disgrace what's going on. We'll see what happens."

### **CBO: TAX CUTS TO FUEL** HISTORIC US DEFICITS

The massive tax cuts signed into law in December, which Republicans said would pay for themselves, will balloon the U.S. deficit, the Congressional Budget Office said on Monday, possibly hobbling President Donald Trump's future agenda. The deficit — the amount that Washington's spending exceeds its revenues will expand to \$804 billion in fiscal 2018, up from \$665 billion in fiscal 2017, CBO said. The national debt is on track to approach 100 percent of gross domestic product (GDP) by 2028, said the CBO, which analyzes legislation for Congress. "That amount is far greater than the debt

in any year since just after World War II," CBO said, adding that the debt is now about 77 percent of GDP, a measure of the economy's size. The analysis "confirms that major damage was done" by the new tax law and the spending bill, said Michael Peterson, head of the nonpartisan Peter G. Peterson Foundation. "This high and rising debt matters because it harms our economy," said Peterson. "During a time of low unemployment and economic expansion, we should be taking reasonable steps to put our debt on a sustainable path — but instead we are piling up trillions



### WHITE HOUSE FURTHER WEAKENS OBAMACARE

The Trump administration took additional steps to weaken Obamacare on Monday, allowing U.S. states to relax the rules on what insurers must cover and giving states more power to regulate their individual insurance markets. The Centers for Medicare and Medicaid Services issued a final rule that allows states to select essential health benefits that must be covered by individual insurance plans sold under former President Barack Obama's healthcare law. The 2010 Affordable Care Act requires coverage of 10 benefits, including

maternity and newborn care and prescription drugs. Under the new rule, states can select from a much larger list which benefits insurers must cover. That could lead to less generous coverage in some states, according to Avalere Health, a research and consulting firm. President Donald Trump's administration has used its regulatory power to undermine Obamacare after the Republican-controlled Congress last year failed to repeal and replace the law. About 20 million people have received health insurance coverage through the

### MEXICO REVIEWS US TIES AMID POLITICAL TENSIONS

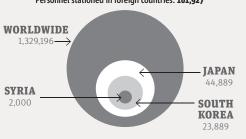
Mexico said on Monday it will review all forms of cooperation with the United States, including efforts to combat powerful drug cartels, in a sign of mounting frustration over President Donald Trump's antagonistic attitude toward the country. President Enrique Pena Nieto gave the order to his cabinet in a meeting on Sunday after a week of heightened bilateral tensions, during which he rebuked Trump for repeatedly stoking conflict and chafing against Mexico. Foreign Minister Luis Videgaray said the review would cover all aspects of

the relationship, ranging from border security and migration to trade and the fight against drug gangs. Mexico has long been identified as the leading transshipment point for illicit drugs entering the U.S. market. Noting that no decision had yet been made to suspend or reduce collaboration, Videgaray said the government had to act given the degree of public support that had been expressed in Mexico for Pena Nieto's tougher stance. "The key thing here is that it's not just words. This stance needs to have practical consequences," said Videgarays.

### **STATS**

### WHERE AMERICAN TROOPS ARE STATIONED AROUND THE WORLD

Total military personnel worldwide: 1,329,196 Personnel stationed in foreign countries: 161,927



DOD PERSONNEL, WORKFORCE REPORTS, DECEMBER 2017

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"New Yorkers can take action now to build a society that values women's work."



NIKKI M. MASCALI

There's a reason the date for Equal Pay Day changes every April, and it's to symbolize how far into a year women must work in order to earn what their male counterparts

did the previous year.
Though New York has the smallest overall gap in wages, women still only average 89 cents for every dollar a man makes, with women of color experiencing an even bigger gap. So on Tuesday, for the 12th year in a row, advocates, elected officials, union leaders and others will rally on the steps of City Hall as part of Equal

# **Equal Pay Day NYC rally says** time's up on income inequality

Pay Day 2018 to say time's up on income inequality. And they will be clad in red "because women are still 'in the red," PowHer New York, one of the organizers, said in a statement.

"Women's rights in our country are at a critical juncture. The #MeToo #TimesUp movements push us forward, while a wave of federal rollbacks reverse our hard-won progress," Beverly Neufeld, president of PowHer New York, told Metro. "But New Yorkers can take action now to build a society that values women's work.'

Though the state has made strides toward gender equality "women of all races, at all levels of the financial spectrum and at all levels of education continue to be underpaid compared to their male peers," Neufeld added. At the current rate, New York state may not close **GENDER WAGES** MALE INCOME 80% WOMEN ARE PAID 80 PERCENT OF WHAT MEN MAKE

the wage gap until 2046."

Among those ing Neufeld at Tuesday's Equal Pay Day rally, which starts at noon, will be Lt. Gov. Kathy Hochul; Public Advocate Letitia James; Jacqui Ebanks from the Mayor's Commission on Gender Equity; Local CWA President Gloria Middleton, members of City Council and former E!

News anchor Catt Sadler.

The Equal Pay Day rally is just part of the efforts being made in New York to achieve pay parity. This year's goals include the passage of the Salary History Ban and establishing the One Fair Wage campaign for tipped workers. Increasing data transparency, spreading aware-ness of the new Salary History law and tackling wage parity for child-care workers are among the goals for New York City.

### Income inequality stats for Equal Pay Day

- U.S. women are paid 80 percent of what men make, according to recent figures from Census Bureau.
- New York has the smallest overall wage gap, but women still average 89 cents for every dollar a man earns, accord-

For the 12th year in a row, advocates, elected officials, union leaders and others will rally on the steps of New York's City Hall for Equal Pay Day. ISTOCK

ing to the Institute for Women's Policy Research.

- Tto combat the gender pay gap, New York City in October became the first U.S. city to ban employers from asking applicants about previous salaries.
- · The existing level of wage inequality results in a loss of more than \$50B for the state, and an annual loss of income for the average woman, which translate to \$450,000 over a 40-year career, according to PowHer NY.



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# Topless woman who rushed Cosby was formerly on his show

Cosby was rushed by topless female protester and actress Nicolle Rochelle on his retrial's first day.



Well, that got nasty quickly. On the first day of disgraced funnyman Bill Cosby's retrial on indecent sexual assault charges Monday, a topless female protester with names of his accusers scrawled on her body charged the 80-year-old as he walked into Montgomery County Courthouse.

Shouting "Women's Lives Matter," which was also written on her body along with "Cosby Rapist," the woman hopped the fence and ran topless toward Cosby at 8:35 a.m. as he was being escorted into the courthouse.

The woman was later identified as Nicolle Rochelle, 38, an actress from Little Falls, New Jersey, who according to her IMDB profile, was featured in four episodes of "The Cosby Show," between 1990 and 1992.

"The main goal was to make Cosby uncomfortable because that is exactly what he has been doing for decades to women," Rochelle said after being charged, WHYY reported.

She said her experience acting on "The Cosby Show" was a positive one, but that she was deeply troubled by the charges against Cosby.

"I really wanted to express the anger that they maybe can't express." she said, telling the Daily News, "It was definitely a peaceful type of protest. I just wanted him to feel my presence and to feel uncomfortable. I didn't want him to just walk like, 'La-di-da, it's a normal day. I have my regular dignity, and I did nothing.'

Police officers nearby guarding the area were caught by surprise but rushed to tackle the

woman into the bushes before she could intercept Cosby.

The feminist group "Femen," whose name was also written on Rochelle's body, took responsibility for the incident and issued a statement of support.

The Montgomery County DA's office charged Rochelle with

"It was definitely a peaceful type of protest. I just wanted him to feel my presence and to feel uncomfortable. I didn't want him to just walk like, 'La-di-da, it's a normal day."

Nicolle Rochelle

disorderly conduct a few hours after the incident.

"She entered a re-stricted area on the grounds of the Montgomery County Courthouse at 8:35 a.m., when the defendant, William H. Cosby Jr., was arriving for court," the DA's office noted in a statement announcing the charges. "She was wearing no clothing from the waist

If convicted of disorderly conduct, she will face a fine and be ordered to pay court costs.

Cosby stands charged with the alleged indecent sexual assault of former Temple employee Andrea Constand in his Elkins Park mansion in

Montco prosecutors investigated and chose not pursue Constand's claim when first filed with law enforcement. In 2014, new Montco DA Kevin Steele reopened the case and charged Cosby.

At his first trial last year, the jury deadlocked. Read more on pages 6-7.



A topless protestor wearing body paint is arrested by a police officer as Bill Cosby arrives at the Montgomery County Courthouse for the first day of his sexual assault retrial on Monday in Norristown. GETTY IMAGES



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# PHOTOS: See protests at the start of Cosby's retrial

Feminist group FEMEN took responsibility for one protester's actions.



The woman who rushed Bill Cosby as he was heading into court on Monday morning was later identified as Nicolle Rochelle, 38, an actress from Little Falls, New Jersey. During her protest, she was partially unclothed, with words written on her body.

feminist group The Femen, whose name was also written on Rochelle's body, took responsibility for the incident and issued a statement of support.

"FEMEN has a message for you Bill Cosby: Silence is not consent and we will not stay silent in the face of your smug denial!" Femen said in the statement. "It is mathematically impossible that all of Cosby's victims are lying!"

FEMEN noted that five more of Cosby's accusers, out of a total of some 19 that prosecution hoped would testify, will get on the witness stand during this trial, and bashed the justice system. (Another new witness, also a former Temple employee, will testify on behalf of Cosby that she heard Constand discussing the possibility of claiming sexual abuse to win money in a lawsuit from a wealthy man).

The defense team has already spent months trying to convince the general public that the entire case is not about rape at all but in fact, about race and some sort of elaborate plan to dethrone Cosby as a powerful black man who was apparently in talks to buy a popular television network," FEMEN

"With all of these distractions, Cosby's defense team is hoping to confuse the most important issue at hand; the systematic disembodiment and disempowerment of women's bodies occurring around the world since the beginning of time. This practice happens to be one of the main tenets of the patriarchial system and Bill Cosby knows this particular practice well, wielding his power over the heads and bodies of women for decades and presently having the audacity to accuse his accusers of lying.'

Rochelle announced her intentions to protest Cosby on April 9 on her Facebook page.

"In honor of the first day of the Bill Cosby retrial, I went by the address where they filmed The Cosby Show exterior in

New York City," she wrote in a post with a picture of herself in front of a brownstone. "LET'S HOPE JUSTICE WILL FINALLY BE



Bill Cosby faces charges of sexual assault at his retrial, which started



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# Mayor: Construction of NYC Ferry Soundview landing making progress

Mayor Bill de Blasio announced on Monday the progress made in the construction of the Soundview landing in the Bronx, which will become the sixth NYC Ferry route.



Warm weather still feels far away, but the reality of an NYC Ferry landing in the Bronx's Soundview neighborhood, slated to open this summer, is moving closer.

Mayor Bill de Blasio announced on Monday that the construction of the Soundview landing, which will launch the sixth NYC Ferry route, is 3M

Nearly 3 million passengers rode the NYC Ferry service in 2017.

making good progress.

Deputy Mayor Alicia Glen, the city's Economic Development Corporation,

elected officials and com-

munity leaders recently

toured the construction

serve a route that will

connect Soundview with

Manhattan's East 90th

Street, another new land-

ing, as well as existing

stops at East 34th Street

can also make free con-

nections, through those

Riders on this route

two landings, to

and Wall Street/Pier 11.

This ferry landing will

lines that serve Astoria, Rockaway, East River, Lower East Side and South Brooklyn.

The Soundview route is expected to serve 400,000 riders a year. Also opening this summer is a Lower East Side route, which is anticipated to serve nearly one million commuters traveling to and from Wall Street/Pier 11, Corlears Hook, Stuyvesant Cove, East 34th Street and Long Island City.

"Extending NYC Ferry service to the residents of communities in the South Bronx is essential as we

4.6M

Officials project NYC Ferry will carry more than 4.6 million trips per year.



The construction of the NYC Ferry Soundview landing is making progress, the mayor said, bringing the reality of the sixth route closer PROVIDED BY NYC FERRY

work to make New York a more equitable and traversable city," said James Patchett, president of New York City Economic Development Corporation, in a statement. "The two new routes that will start ferrying passengers this summer are a welcomed addi-

tion to the already wildly popular system."

In 2017, NYC Ferry served nearly three million riders across four routes. That ridership was higher than expected, and spurred the construction of six higher-capacity boats, equipped with larg-

er engines and designed to hold up to 349 passengers per ferry.

Now, with the sixth ferry route in the works, officials project NYC Ferry will carry more than 4.6 million trips per year through 23 vessels across six routes.



# Trump Tower fire prompts a call for sprinklers in all residential high-rises

Long before he was president, Donald Trump lobbied against sprinkler requirements, calling them unneces-

sary and expensive.



New York City councilor Robert E. Cornegy, Jr. has called for legislation requiring residential buildings to be retrofitted with sprinkler systems after a man died in a fire at Trump Tower, the upper floors of which do not have fire sprinklers.

In 1999, Mayor Rudy Giuliani signed a law requiring sprinkler systems to be installed in new residential buildings with four or more units.

Trump Tower, which opened in 1983, was able

to evade that requirement, as the law grandfathered in structures that were already built. Donald Trump also lobbied against the requirement of sprinklers, the New York Times reported in 1999, saying they were unnecessary and expensive.

Cornegy, who is the chair of the NYC Council's Housing and Buildings committee, believes if Trump Tower had a full sprinkler system, Todd Brassner, the 67-year-old man who died on Saturday, may still be alive.

"This is not about the construction of the building," Cornegy said at a Monday press conference, referring to the president's tweet saying that the "well-built building" helped confine the fire.

"This is about the safety of residents," Cornegy continued. "It may be structurally sound, but in an effort to protect

residents, we need more than a passive alarm system. We need a sprinkler system, not just for the Trump building, but for

"It may be structurally sound, but in an effort to protect residents, we need more than a passive alarm system."

Robert E. Cornegy, Jr.

all buildings that are four units and above."

Cornegy added that his announcement was not expressly about Trump, but instead about all large building owners who are "potentially putting the lives of thousands of New Yorkers in danger by not having the basic safety networks in place."

Hundreds of thousands of units would need to be retrofitted as the law is brought up to date to include all residential buildings with four units and above, Cornegy said.

He did not have a cost estimation for the effort yet, but said that he hopes to include stipulations in the legislation to protect that cost from being passed on to the tenants.

The cost would depend on the size and age of the building, Cornegy noted, but to him, he added, the cost of lives saved is worth more than whatever the monetary figure would be. In his research, he said, the data shows that there would be a reduction in fire fatalities if sprinklers are present.

The passive system



One man died in his residential unit in a fire at Trump Tower on Saturday.

allowed now, just smoke alarms — we don't believe is enough," Cornegy said. "[It's] not enough to pro-

tect lives to the degree the council and my committee believes should be in place."

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# NYC schools to begin using compostable cutlery come fall

New York City students will be eating a little greener come fall by way of compostable cutlery, the New York Post reported.

Alongside Chicago, Miami and Los Angeles, New York City will be part of a \$34.8 million, five-year contract with Houston-based F&W Plastics to provide biodegradable utensils to schools.

Officials told the Post that New York will pay \$14.6 million for its portion of the contract that will provide forks, spoons, knives, straws and napkin kits to roughly 1,250 schools across the city starting in the fall.

The Department of Education said that the utensils will cost "a fraction of a cent more" than their plastic counterparts, but "environmental benefits far outweigh the small extra



New York City students will be eating a little greener come fall by way of compostable cutlery, an initiative that will roll out this fall. PIXABAY

Students will be required to toss the new utensils in different bins than plates and food, but officials said that each cafeteria in the DOE system this year received a waste-sorting station that enables the students to separate liquids, recyclables, compostable items and trash

The Department of Sanitation's Organics Collection Program

works with 700 schools to take the material to compost sites on Staten Island, upstate and in Delaware, where it is turned into dirt.

Compostable cutlery is reportedly a \$30 billion industry.

For more coverage on Earth-friendly initiatives and environmental issues, pick up Metro's special Earth Day 2018 edition, hitting stands on Friday, April 20. NIKKI M. MASCALI



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# So you don't feel like a millennial or a Gen Xer? They've got a name for that

Introducing the "xennial."



Generational lines are often blurred. I'm a millennial for sure (minus the part where I'm supposed to be uber entitled), and by Pew Research's standards — anyone born between 1981 and 1996 — I definitely make the cut.

But enough about my identity crisis — for those who feel like they were left off both the Gen X and millennial life rafts and are floating somewhere between tech-savvy opportunist and glum grunge-listener, there's finally a name for you: xennials.

Xennials make up a "micro-generation" born at the tail end of Gen X and the beginning of the



Xennials make up a "micro-generation" born at the tail end of Gen X and the beginning of the millennial era. **ιστοκ** 

millennial era, roughly between 1977 and 1983 (though some sources have extended the cutoff to 1985).

Xennials grew up without cellphones but are still social media savvy. By the time 9/11 happened, they were already in or out of college and were well into the workforce before the Great Recession. They saw the music industry evolve drastically from cassettes to CDs, then music services. And, as BuzzFeed notes, xennials were old enough to wholeheartedly love Nirvana but too young to know the struggle of Wite-Out and type-writers.

The term "xennial" was first used by GOOD Magazine in 2014.

Those of us born in the fuzzy borderland between Gen X and millennial are old enough to have logged in to our first email addresses in college," Sarah Stankorb, born in 1980, wrote for the magazine. "We use social media but can remember living life without it. The internet was not a part of our childhoods, but computers existed and there was something special about the opportunity to use one."



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# Facebook CEO ditches T-shirt in DC, apologizes for mistakes

Lawmakers are expected to press Zuckerberg closely on the 2016 presidential election.

Facebook Inc. Chief Executive Mark Zuckerberg swapped his trademark T-shirt and jeans for a dark suit and a purple tie on Monday as he met U.S. lawmakers to apologize for the social network's misuse of its members' data and to head off possible regulation.

His apologies precede two days of congressional hearings this week, where Zuckerberg will be asked how 87 million Facebook users' data was improperly shared with a political consultancy, Cambridge Analytica.

He will also likely face questions about ads and posts placed by Russian operatives, in what U.S. authorities believe



Facebook chief Mark Zuckerberg is on Capitol Hill this week talking to lawmakers. ALL PHOTOS GETTY IMAGES

was an attempt to influence the U.S. 2016 election.

"We didn't take a broad enough view of our responsibility, and that was a big mistake," he said in written remarks released by the U.S. House Energy and Commerce Committee on Monday. "It was my mistake, and I'm sorry."

If Zuckerberg does not provide satisfactory answers this week, Congress is more likely to push new laws to strictly regulate Facebook. Anticipating such a move, the company has already said it favors new legislation that would make social networks disclose who is behind political ads, much as TV and radio stations must already do.

Tighter regulation of how Facebook uses its members' data could affect its ability to attract advertising revenue, its lifeblood. Facebook shares closed up 0.5 percent on Monday. They are still down almost 17 percent from highs hit in January, amid a broader tech selloff, partly because of investor concerns about regulation.





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13

### PRIVACY ISSUES

Zuckerberg traversed Capitol Hill on Monday surrounded by police and trailed by packs of reporters ahead of his sched-

### "It was my mistake. and I'm sorry."

Mark Zuckerberg

uled appearance before three congressional committees on Tuesday and Wednesday.

On Monday, he was pictured in one photo showing his mobile device to Sen. Bill Nelson, the top Democrat on the Senate Commerce Committee. He did not respond to questions from report-ers as he left the building.



### Nelson told reporters: "The message I wanted to convey to him is that if we

don't rein in the use of social media, none of us are going to have any privacy anymore.'

Top of the agenda in this week's hearings will be Facebook's dealings with Cambridge Analytica, a London-based company that counts President Donald Trump's 2016 campaign among its past clients.

"It's clear now that we didn't do enough to prevent these tools from being used for harm... he said. "That goes for fake news, foreign interference in elections, and hate speech, as well as developers and data pri-

Žuckerberg's mony said the company was "too slow to spot and respond to Russian interference, and we're working hard to get better." He vowed to make improvements, adding it would take time, but he was "committed to getting it

### ONLINE INFORMATION WARFARE

Zuckerberg has said that Facebook's major investments in security "will significantly impact our profitability going forward."

Facebook has about

15,000 people working on security and content review, rising to more than 20,000 by the end of 2018, Zuckerberg said.

Facebook has been resistant to laws governing

more than 20,000 people

working on security by

the end of 2018.

its business, but on Friday it backed proposed legislation requiring sites to disclose the identities of buyers of political campaign ads and introduced a new verification process for people buying "issue" ads, which do not endorse any candidate but have been used to exploit divisive subjects such as gun laws or police shootings. REUTERS

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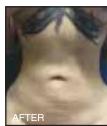




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# Why Are So Many Knee Ar Newest Medical Proced

# New York Doc's Merge Best of High Te

Fraction of the cost, less medical risk, little to no downtime and ofte Hundreds of worst arthritis sufferers from tri-state area

### By Matt Edgar

America's Health Writer

**New York City** - Everyone has said it at one time or another. If I had only known about "this" sooner - things would be very different today.

That's what many knee arthritis pain sufferers are saying about this technology and treatment.

"We all know that countless lives are being saved every year because of early detection and better treatment" noted one of the doc's at NYC Pain MD in New York City. "The same holds true for treating arthritis pain. I believe we are having so much success at NYC Pain MD because of two factors: One is we are using advanced medical technology and treatments many clinics do not use. And second, the word has spread to our community and so many knee arthritis sufferers are coming in sooner. And the earlier we can treat knee arthritis - the better the results. The key to trying to avoid or at the very least delay knee replacement surgery is doing the correct treatment as soon as possible".

### What is the "correct treatment?"

"That depends," noted the doc. "There is no one answer when it comes to medical conditions. Knee arthritis is no different. That's why, if you have knee pain, you should have it evaluated by a doctor who deals with and treats knee pain every day," he added.

For many knee arthritis pain sufferers the right treatment is Viscosupplementation whereby an FDA-approved preparation of Hyaluronic acid - a gel-like medicine is - applied ultra-precisely and virtually painlessly into the knee joint using *Precision Arthritis Targeting Technology*.

Hyaluronic acid is the natural lubricant and shock absorber of your joints and is found to be decreased in arthritis sufferers. This is similar to running your without oil. Obviously, the sooner you put oil back in the car - the less damage will be done. That's why some doctors feel early viscosusupplementation gets the best results and is so important when trying to avoid surgery.

The director of treatment believes one of the most important factors for the success of viscosupplementation is making sure you are getting it into the joint space precisely. That's why the doctors at *NYC Pain MD* use advanced imaging technology to apply *Precision Arthritis Targeting* during every treatment.

A device called the "C-Arm" allows the doctor to see into the joint and actually watch the medicine be applied exactly where it is supposed to.go. Research shows that performing procedures without Precision Arthritis Targeting (P.A.T.T.) can result in missing the joint space as much as 30% of the time. If you had viscosupplementation treatments without Presision Arthritis Targeting Technology and did not get good results - this may be why.



Can This Be Avoided? Total knee replacement is serious surgery requiring months of rehabilitation. Some doctors think modern treatments done early enough can keep baby boomers from going under the knife



### **Normal Pain-Free Knee Joint**

### **Everyone Wants Proof:**

In the artist simulated drawings, picture #1 is a normal, pain-free knee. There is no arthritis and the knee can move and bend freely without pain.



### **Knee With Painful Arthritis**

### Pain

Illustration shown is a knee joint with painful xosteo-arthritis. Arthritis causes the joint space to decrease, grinding, stiffness, decreased motion, bone spurs, swelling and a lot of pain.



### Research Shows Doctors Miss The Joint Space Up To 30% Of The Time Without Advanced Imaging

### Failed Treatment -

The injection (Lubrication medicine) misses the joint space. Research shows this occurs up to 30% of the time without the use of the digital imaging to guide the injection. This is why lubrication medicine may not have worked for you



# Lubrication Medicine Injected Directly Into Knee Join Like "Joint Oil" using Precision Targeting Technology Successful Treatment -

Successful Treatment - Lubrication Medicine (blue) being precisely injected directly into the knee joint using digital imaging. Advance imaging allows treatments to be as precise as possible. Lubrication medicine can lubricate the joint and decrease pain.

# thritis Sufferers Choosing lures Before Surgery?

# ch Medicine And All Natural Treatments

n covered by insurance amongst top reasons for high patient demand...
a call weekly to find out if treatment may be right for them

If you qualify for this treatment, it might be one of the happiest days of your life.

That's because thousands of knee pain sufferers have flocked to the *NYC Pain MD* New York City for their brand of treatment

Viscosupplementation is unique because - even-though it is manufactured by a pharmaceutical company, it is NOT considered a drug because it is a natural substance with an incredible story.

### Why So Many Want It

You see, when you suffer with arthritis - the lubricating fluid (synovial fluid technically) in your knee joint dries up.

This means instead of gliding smoothly - your bones start to rub and grind against each other.

This causes a little pain in the beginning - but over time the pain steadily gets worse until it can be excruciating.

### Like "Joint Oil"

Viscosupplementation works so well because it is like 'joint oil." It is a natural substance that contains one of the natural building blocks of the synovial fluid that lubricates your knee.

Scientists and researchers discovered this natural building block to synovial fluid in the rooster's comb - that big red thing on top of the roosters head. It is extracted from the roosters comb, purified and concentrated. They have also developed medical lubricants that are also natural but made a bit like yogurt and "cultured" into highly effective arthritis pain-fighting medical lubricants.

But...when introduced directly into your knee joint, it is like squirting oil on a rusty door hinge.

Viscosupplementation allows your joints to glide more smoothly eliminating a lot of the rubbing, grinding and pain.

### Can Supplements Do The Same Thing?

No. Glucosamine and chondroitin and other supplements are much different. You can only get viscosupplementation from a doctor and it often helps knee pain sufferers who got limited or no success from glucosamine and chondroitin. Beware of unsubstantiated claims made by supplements to do what this advanced medical procedure does.

### Why You Should Try This Even If You've Already Had Similar Treatments Without Results...

"We have been able to help so many knee pain sufferers even many who have already tried other treatments like Synvisc, Supartz, Orthovisc and even Hyalgan. This is because our treating doctors always use "Precision Arthritis Targeting Technology". This allows us to place he Viscosupplementation exactly where is needs to be. Studies show doctors doing joint injections without Technology can miss the joint up to 30% of the time."



Advanced Medical Technology Can Make All The Difference: This advanced Precision Arthritis Targeting Technology using fluorososcopic imaging allows doctors to see directly into the knee joint so treatments are precise and the FDA approved lubricating medicine actually goes EXACTLY where it is supposed to. Studies show that procedures done without this technology can miss the joint up to 30% of the time. This is one reason Viscosupplementation may not have worked for you in the past. NY Pain MD used this P.A.T. Imaging Technology with each and every treatment.

"NYC Pain MD is a state of the art medical facility offering the best technology"

### And that's not all ...

"Every case is individual. Some patients get quite a bit of relief right away - others take a little more time. But most have been extremely happy. We've noted results lasting no less than 6 months for many but up to 2 years or more for some patients.. Patients who were suffering for years with bad knee pain are getting their lives back... going for walks again and exercising. It's amazing to see. They tell all their friends-that's why we are swarmed. After getting treatment and feeling better, many patients have decided to cancel their total knee replacement surgeries." added one of the clinic's doctors.

### How To Find Out If It Can Help You?

If you have knee pain, the *NYC Pain MD* doctors would like to see if you do qualify for a No-Cost, No-obligation screening to see if you may be candidate for their treatments using *Precision Arthritis Targeting Technology*.

### Many Insurance Plans Participate:

Most Out-Of-Network Insurance Plans United Healthcare In & Out Of Network (except the Community Plan) Traditional Medicare • AARP Medicare Most Union Plans • Transit Worker Plans Work Related Injuries/Work Comp/1199/GHI Auto Accident plans

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Aetna • Cigna • Empire • Oxford • Ghi • 1199 Blue Cross Blue Shield & others

\*EZ payment plans (\$99 per month) also available

All you have to do is call 800-885-KNEE (5633) right now. However, due to extremely high call volume, you may not get a live scheduling coordinator. In that case, do NOT hangup. Just leave a message with your name, phone number and best time for us to reach you. A patient coordinator will get back you as soon as possible to find out if you qualify for the nocost screening and then find you an appointment time.

### And here's something really important -

Viscosupplementation treatments are covered by many insurances, union plans ... even medicare. So, to schedule your no obligation screening or if you have any questions -

### Call: 800 885 KNEE (5633)

Are You Qualified For Knee Arthritis Screening With NYC Pain MD? Find Out Today

- Do you have pain and osteoarthritis (arthritis) of the knee?
- Have you tried other treatments such as NSAIDS and other anti-inflamatory medications without success?
- Have you already tried viscosupplemention (Hyalgan, Supartz Synvisc) without satisfactory results?





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# Russia warns US of 'grave repercussions' if Syria attacked

Ambassador Nikki Haley has said Washington "will respond" to the Syria situation.

Russian U.N. Ambassador Vassily Nebenzia said on Monday that Moscow has warned the United States of "grave repercussions" if it carries out an attack against Syrian govern-ment forces over reports of a deadly chemical

weapons attack.
"There was no chemical weapons attack," Nebenzia told the U.N. Security Council.

Through the relevant channels we already conveyed to the U.S. that armed force under mendacious pretext against Syria — where, at the request of the legitimate govern-ment of a country, Russian troops have been deployed — could lead to grave repercussions," he said.

the United Nations Nikki Haley told the council that Washington "will respond" to the attack on a rebel-held town in Syria regardless of whether the United Nations Security Council acts or not.

"We have reached the moment when the world must see justice done," Haley told the council.

"History will record this as the moment when the Security Council either discharged its duty or demonstrated its utter and complete failure to protect the people of Syria," she said. "Either way, the United States will respond."

British U.N. Ambassador Karen Pierce told reporters ahead of the meeting that Britain "would prefer to start with a proper investigation," but all options were on the table and London was in close contact with its allies the United States and France.

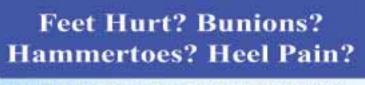
Nebenzia also said that investigators with the global chemical weapons watchdog should fly to Syria as early as Tuesday to look into accusations them protection from Syrian authorities and Russian troops.

"The Syrian authorities and Russian troops will provide conditions to travel to the areas of the alleged incident for them to familiarize themselves with the situation," he

The Organisation for the Prohibition of Chemical Weapons said it had opened an investigation to determine what exactly had happened in Douma.

Ambassador Haley wants the U.N. Security Council to vote on Tuesday on a U.S. draft resolution to establish a new inquiry into who is to blame for using chemical weapons in Syria, diplomats said on Monday.

The United States circulated a revised draft resolution to the 15-member council, which it first put forward on March 1, amid a warning from President Donald Trump that there would be a "big price to pay" for a suspected deadly poison gas attack on a rebel-held Syrian town on Saturday. REUTERS



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# Trixie Mattel: Crossing the the divide between drag and country music

The "RuPaul's Drag Race" alum is bringing her big-hair-don't-care glam to a genre you mightn't think would be all too welcoming to her.

metr⊕



JOSHUA CROUTHAMEL

Brian Michael Firkus has the singer-songwriter gene, but you'll more likely recognize Brian's drag talents, performing as Trixie Mattel.

For now, that is. The in-then-out-then-in-the-competition star who made it big on "RuPaul's Drag Race" (and "All Stars" spin-off), has since had her own television shows, and has just released her second studio album, One Stone.

Only it isn't the type of original music one would expect from a drag queen (which tends to be campy ... "Sissy that Walk," anyone?).

Metro had the pleasure of a catty chatty catch-up with Trixie following the release of "One Stone" and ahead of her 40-city nationwide tour.

### For those uninitiated in "RuPaul's Drag Race," what's the pull of the show?

It's called "RuPaul's Drag Race," but what makes it addictive and popular to any audience is that the show's about people following their dreams. It puts a spotlight on a group of people who have been doing this forever, but are only now getting mainstream recognition for their work.

So it's not that different from our obsession with shows like "Idol," "The Voice" and certain reality shows after all? Just with a whole more makeup than even Christina Aguilera?

Put the most die-hard homophobe in front of an episode of 'Drag Race' and they'll be screaming, "HAY GHURL! YASS QUEEN!" by the end of it.

Talk about music, and breaking into an industry (singer/songwriter and country/western) which, to the casual observer, seems pretty far away from and potentially inhospitable to a drag queen.

Music is 40 percent how

good you are and 60 percent how good you look. I'm a basic-looking white guy with a guitar — b—ch, please! It all becomes more exciting when you're in a wig. I'm a musician, who just happens to be dressed up. I know I don't look like a folk music performer.

In fact, I didn't release my first album until 2017 because I didn't think audiences would go for it. But here Lam!

How do you handle any negative feedback, as you try to carve out your own niche?

You're a f—ing idiot if

"Make strong choices. Be confident. That's what looks good and sounds good."



you give a s—t about what people say about

Make strong choices. Be confident. That's what looks good — and sounds good.

Do you think entering the world of country/western and folk as a man in a sequined dress ever works to your advantage in gaining an audience? I see drag as a way to open doors. It's the difference between being a tree in the woods, and a Christmas tree. A Christmas tree's primped, decorated and ready to

So your music isn't just for fans of drag.

Gay people have appreciated drag for years, but you don't have to be a homo to enjoy it. You can be a visitor to the culture.

Who are your musical inspirations? Emmylou Harris, Dolly

Emmylou Harris, Dolly Parton, June Carter Cash, and while we're talking about it, there's great inspiration in breaking into this genre to be taken from Charley Pride.



Charley Pride is an African-American country music singer who gained fame and notoriety with an almost entirely white audience, in the age of Jim Crow (he made his first record in 1958), due to his label not allowing his image to be made public.

"We're all a lot more alike than we think."

Check out Trixie Mattel's "One Side" wherever you get your music, and for information on her tour visit trixiemattel.com.

METRO.US 18 **HEALTH** TUESDAY, APRIL 10, 2018

# What you need to know about autism spectrum disorder



Stay Healthy

You have medical questions? We have answers. Metro is teaming up with the experts at the esteemed Mt. Sinai Health System to provide an-swers to New Yorkers' most pressing medical concerns. Send us an email at askmtsi nai@metro.us. We'll select one question and publish an answer every other week.

According to the Centers for Disease Control and Prevention, one in 68 kids in the United States have been identified

coolsculpting

with autism spectrum disorder. It's a condition that's misunderstood by many, but those false perceptions are being confronted more often now than ever. Where once "Rain Man" was considered a cuttingedge depiction of autism, now several movies and TV shows, such as "Parenthood" and "The Good Doctor," portray nuanced and complex characters on the autism spectrum. April is Autism Awareness Month, so we spoke to Dr. Silvia De Rubeis, assistant professor at the Seaver Autism Center for Research and Treatment at Mount Sinai to separate the myths from the facts.

How is autism diagnosed? What are the signs? Individuals with ASD have deficits in social communication that can manifest as poor eye contact and difficulties interpreting facial expressions. Children and

adults with ASD can also experience restricted patterns of behavior that can include repeated movements (ex: rocking) or speech (ex: repeating a sound or a phrase). Individuals with ASD can also have very focused interests, for example they can be very fascinated by certain objects or sensory stimuli. They may also adhere to daily routines and rituals, which can translate into considerable distress in response to changes. These disabilities present with an array of severity, hence the term "spectrum.

What causes autism spectrum disorder? We have not yet identified all of the factors contributing to risk, but it's very clear that genetics plays a major role. By studying the DNA of thousands of individuals with ASD and related controls, we've identified genetic lesions (or mutations) that increase



the risk of developing autism. ... These mutations disrupt specific genes.

At the Seaver Autism Center for Research and Treatment at Mount Sinai. ... We take a genetics-first and translational approach. We first identify ASD-associated mutations and generate cells and rodents with these mutations.

How does genetic testing aid in diagnosis and treatment/management?

It's critical for early detection and intervention. Genetic testing in individuals with ASD can reveal a rare genetic disorder as the underlying cause of their condition. A genetic diagnosis may allow clinicians to predict the course of the disorder and additional likely symptoms that might otherwise go undetected. Therefore, genetic testing can guide more personalized clinical care and support. Additionally, genetic testing offers opportunities for family counseling and planning; for example, estimating risk for future pregnancies.

What are some common misconceptions about autism?

One of the most dangerous misconceptions is

that vaccinations during childhood cause autism. Multiple studies have addressed this question and the data show no causal relationship between vaccination and autism.

Another misconception is that individuals with ASD might all have higher cognitive abilities or special skills, such as excelling at math. The opposite - i.e., that all individuals with ASD are intellectually disabled — is also not true. As emphasized by the word "spectrum," the abilities and disabilities that accompany the condition vary from person to person. SHEILA DOUGHERTY





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# Michelle Buteau is the new queen of late night

The unofficial third Dope Queen talks her new podcast, 'Late Night Whenever.'



The set of "Late Night Whenever" — comedian Michelle Buteau's new live late night podcast, recorded at WNYC Studios - is cozy AF. It's like being in the real-life version of a living room set from the Urban Outfitters catalogue, flattering mood lighting and all. It's the perfect setting for a late-night style show that promises to feature monologues, musical accompaniment and interviews with celebrity guests, unburdened by the time constraints of mainstream television. And Buteau is the perfect

The unofficial third Dope Queen — a frequent guest on the "2 Dope Queens" podcast with Phoebe Robinson and



Michelle Buteau is changing up the late night game — her way. MATTHEW SEPTIMUS

Jessica Williams — has a genuine warmth that radiates out of her, whether on stage or over the phone when we're talking about "Shape of Water" and waxing poetic about um, nautical genitalia. So this late-night thing? It comes naturally.

We chatted on the phone with the delightfully charming Brooklyn resident about the benefits of binge watching "Santa Clarita Diet," creating her own space in late night and why she wants to tell personal stories.

I came to the set, but I wanted to sit down and chat with you about the show.

I'm laying down, if that's OK. I'm on your Twitter — are you watching "Santa Clarita Diet"?

I love "Santa Clarita Diet." OK, I'm going to binge it. I auditioned for a nosy neighbor friend that's married or whatever, and I was like, c'mon now. I don't look like Santa Clarita

When it comes to late night, the mainstream is overwhelmingly white and male. How did you create your own space as a woman of color?

I wanted it to be more evergreen. I was actually watching a lot of "Real Housewives" the other day, and I was like — 'Oh, this is sort of like a crazy lady podcast!' I love that,

and that's kind of what I wanted to do. I also miss that in late night and daytime, because it's just been so inundated with, 'How do you get the red wine stain out of the couch?' Or another Trump joke.

### It's all become super formulaic.

What about personal stories? Nobody wants to go into that anymore, and if they do [it's about] how we can fix each other. How about we don't worry about fixing anyone and we just have a good time? Whatever happened to having a good time in a cute dress?

How has this format given you more of an opportunity to be open? I have a big personality and I can get the job done — but when I first started stand-up, I was always, like, what do you need? What do I do? But the best sets I've had is when I black out and say whatever the f—k I'm thinking. I don't know, I think it's just maturity.

You know when you cook something over and over and you ruin it and you get it right finally? And it's like, it just tastes good. [Unless] I try to do a healthy bowl. Who wants to eat f—king seaweed? I felt like I just went down on a fish. I felt like that b—ch in "Shape of Water."

You talk about when you first started stand-up, but you've been at it for over 15 years. And yet you're still referred to as a rising comedian sometimes. Does that irk you?

I think it's so cute. I don't

think, 'Oh people don't know me, I got a ton of work to do.' I just think, 'Damn the world is big. And isn't it nice that I'm young and funny enough that people are, like, look at this new rising star?' Yeah, I'll take that s—t. To be offended over a compliment, it's just like, go to the DMV with that nonsense. You too angry. Get it together.

Listen to "Late Night Whenever" at wnycstudios. org/shows/latenight



# The last season of 'New Girl' is the perfect send-off

The series' last hurrah is top-notch TV.



2011, "New Girl" broke out as a buzzy hit with its overly sitcomy premise. After a bad break-up, a craft-loving, nearly unbearably twee woman moves into a Los Angeles loft with three men who just have to accept her for who she is. It sounded trite. But the show grew into a consistently funny series about friendship, love and adulthood  $\stackrel{\frown}{-}$  for as much as a situational comedy can be about those things while their

characters are drunkenly climbing on furniture with their tops off in a heated round of "True American.'

Seven years later, the series will finally come to an end this month with an abbreviated eight-episode run premiering tonight. And it's about time: Now that we're all older and wiser, the thought of a bunch of people in their mid to late 30s living together — with one bathroom to boot - is bleak as hell. But just because the gang's all grown up doesn't mean we won't miss

Thankfully, the final

the good ol' days.

season of "New Girl" is a perfect send-off to the series that unfortunately brought us the term "adorakable," but earned our forever forgiveness by becoming



and Schmidt (Max Greenfield) are back to their same old. ALL PHOTOS FOX

one of the funnithey will be soon, too. Nick has got the blessing and everything, he's just looking for the perfect time to propose to his roommate turned girlfriend turned best friend turned room-mate turned girlfriend. And because nothing in this show's universe is complete without high level shenanigans, the last few episodes deliver. They are firing on all cylinders, and it's a damn delight.

The six episodes available to critics are a parade of good feelings and swell memories, a time capsule into the highs of friendship and the pangs of getting older. They're kind of like a hyper-enjoyable, grounded fantasy world, where platonic relationships aren't at all threatened by the tenets of adulthood. Nick and Jess live in the loft alone now, but that doesn't stop Schmidt, Cece and Winston from showing up unannounced from time to time. Nick has a loving, tenuous relationship with Schmidt and Cece's daughter, who may or may not be his perfect foil. And Jess still can't leave well enough alone. Everything is the same, but different.

The gang's all grown up. Consider the seventh season a well-deserved victory lap.

The last season of "New Girl" premieres Tuesday, April 10 at 9:30 p.m. on Fox.

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est, most reliable sitcoms of the last 10 years. For its last hurrah, it does incredible work agitating the feelgood parts of the brain, bringing back old, well-loved characters and giving the gang their due. At last, these grown-ups are allowed the chance to um, grow up. And the audience, who have been with these characters through so many highs and lows, have finally earned the right to watch them grow into full-fledged adult hu-

man beings. The first episode sets the tone: Everyone is settled down, except for Nick and Jess. But



# Eight Bollywood stars are spending two months in Times Square

The Bollywood Experience brings Shah Rukh Khan, Kareena Kapoor and Aishwarya Rai (to name a few) to Madame Tussauds in Times Square.



The King of Bollywood and his main squad are rolling into Times Square and you can meet them all.

Okay, that's slightly overselling it, but Bollywood fans still have plenty of reason to be excited. Wax versions of the formidable lineup that is Shah Rukh Khan, Aishwarya Rai, Amitabh Bachchan, Kareena Kapoor, Hrithik Roshan, Salman Khan, Katrina Kaif and Madhuri Dixit will all be spending the months of April and May at Madame



Hrithik Roshan is among the eight Bollywood stars immortalized in wax coming to Madame Tussauds New York. GETTY IMAGES

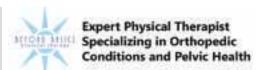
Tussauds New York.

Opening today and going on through May 31, the Bollywood Experience will be an immersive exhibit that puts visitors inside the over-the-top world of Bollywood musicals. While the wax figures will be the stars of the show,

the exhibit also features art installations, projections and music meant to make it feel like at any moment, the whole scene will come to singing, dancing life. On Friday nights, it actually will with DJs playing Indian pop hits (bhangra).

Recause Bollywood

films are known for their elaborate dance numbers, of course the exhibit couldn't happen without a couple of flash mob performances. On opening day, look for real-life Bollywood dancers doing pop-up performances on top of Big Buses throughout Times Square.





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# **OBJ reports to Giants facilities**

After talks of holdouts and trades dominated headlines, Big Blue's best receiver arrived at voluntary team workouts on Monday.



Despite not getting a long-term contract extension yet and the swirling trade rumors that have gripped the NFL for the better part of two weeks now, New York Giants wide receiver Odell Beckham Jr. arrived at team facilities on Monday morning for offseason workouts.

New head coach Pat Shurmur confirmed Beckham's arrival and quickly began gushing about his receiver.

"I really believe Odell is a professional. He wants to be great," Shurmur said (h/t Giants official Twitter). "He understands the importance of the offseason. He's a competitive guy. Again, we already started communicating before all communication kind of got out there and was talked about to a great deal. He's a professional and I'm glad he's here today.'

For a player who has



been labeled as immature by the media and fans, Beckham's arrival to voluntary workouts is anything but that as he prepares to make a comeback from an ankle injury that limited him to just four games last

Given his past, it wouldn't have been surprising if Beckham decided to be a no-show in April and later this summer. The 25-year-old talent has been one of the game's best receivers, but his inability to keep his composure on and off

the field has made him a liability to the franchise that drafted him 13thoverall in 2014.

It has put he and the Giants in a precarious situation during the ending stages of his rookie contract. Beckham is under team control until the end of this season, a fifth-year option paying him just under \$8.5 million in 2018.

Looking for long-term stability, Beckham has made it known that he wants a sizeable extension that would secure his future in New York. Recently, it was reported that he was willing to hold out until that happened.

On the very same day those desires were revealed, Beckham's name suddenly became a focal point on the trade market as the Giants were reportedly shopping the LSU product. While teams like the Los Angeles Rams came calling, the Giants asking price was even leaked as they wanted at least two firstround draft picks for him.

Trade talks are still looming, especially af-ter the Rams acquired Brandin Cooks from the New England Patriots in a move that some believe sets up the defending AFC champions to make a move for Beckham.

But the Giants might be playing the wait-andsee game. If Beckham shows a certain amount of maturity during the early portions of this offseason and buys into new management, the organization might feel the time is right to give him that long-term extension.



# Breaking down Stanton's strikeout woes

The new Bronx star has had a miserable start to his career in pinstripes.



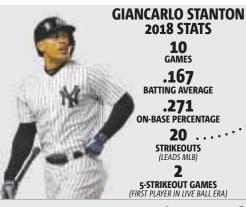
It hasn't necessarily been a dream start for New Yankees slugger Giancarlo Stanton in the

Traded over from the Miami Marlins in as large a blockbuster deal you'll see in baseball, the reigning National League MVP, fresh off a 59 home-run season in 2017 was expected to hit the ground mashing at Yankee Stadium.

Instead, it's been a miserable 10 games for Stanton in pinstripes as he's batting .167 with three home runs and seven RBI. But the biggest mark on his statline comes in the strikeout department as he's been set down 20 times already which is most in the majors.

It's not as though a lot of strikeouts are new to Stanton. He averaged 142 strikeouts per season over eight years with the Miami Marlins with a 162game average of 187 punchouts.

But what has been Stanton's problem so far? And just how can we quantify how difficult of a stretch this has been for the slugger?



### WHAT HAS BEEN STANTON'S PROBLEM?

Right now, the reason for Stanton's struggles could actually be pinned on New York pressure. It's clear that he is pressing at the plate and it can be seen through his plate discipline.

Of his 20 strikeouts, 16 of them have come swinging. Pitchers have assaulted Stanton with pitches low or away and will continue to do so until he shows that he can put the bat on the

Just take a look at his contact percentage on two-strike counts this season below (metrics via Fangraphs).

While he's known for the long ball, it's imperative he focuses on just making contact instead of trying to crush every offering to New Jersey.

### THAT'S MORE STRIKEOUTS THAN ...

**JOE SEWELL** 1925-1927 17 K's IN 462 GAMES 1.755 AT-BATS

1930-1933 18 K's IN 499 GAMES 1,864 AT-BATS



to starting to brim over for Yankees fans, who have serenaded Stanton with a chorus of boos especially after his five-strikeout affair on Sunday in a loss to

the Baltimore Orioles. It was already the second time this season he

The frustration is already

has struck out five times in a single game, giving him the unfortunate honor of being the first player in the live ball era (dating back to 1920) to do so.

Just one of those five strikeout games was more punchouts than Hall of Famer Joe Sewell had in his entire 1925 and 1929 seasons, both coming with the Cleveland Indians in which he struck out just four times each year. It was also as many as Charlie Hollacher had with the Chicago Cubs in 152 games during the 1922 season.

Sewell would later join the Yankees at the end of a career in which he struck out just 114 times in a staggering 7,132 atbats. In those three years, ranging from 1931-1933, Sewell suited up in 390 games for the Yankees, recorded 1,511 at-bats and struck out just 15 times, five less than Stanton's 2018 season total.

In the past week alone, Stanton struck out 16 times which is more than

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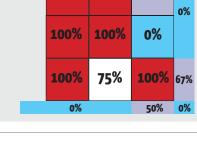
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Joe DiMaggio's 1941 season in which he played in 139 games. That was also the season in which he established a 56-game hitting streak, considered one of baseball's unbreakable records.

Fast-forward 77 years later and the New York's newest star could have a record of his own as he is on pace for a jawdropping 324 strikeouts this season. It's a number that likely will never be hit, however, the dubious MLB record of 223 strikeouts by Mark Reynolds set in 2009 could very well be eclipsed by Stanton should this pace be kept

### STANTON'S CONTACT % WITH 2 STRIKES





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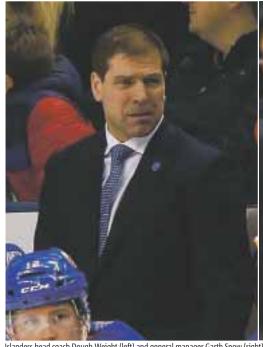
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islanders head coach Dough Weight (left) and general manager Garth Snow (right) still have their jobs and believe they'll be back next season. GETTY IMAGES

Co-owner Jon Ledecky announced that no changes would be made to management this offseason yet.

JOE PANTORNO

report by Newsday's Andrew Gross on Monday afternoon just moments before New

York Islanders co-owner Jon Ledecky spoke to the media revealed that general manager Garth Snow and head coach Doug Weight "have been led to believe" that they will be returning to the team next season despite their worst finish in four years.

Ledecky later admitted that he will be reviewing the team's hockey operations this offseason.

"We are committed to long-term success," Ledecky said (h/t Arthur Staple of the Athletic). "We will be evaluating our hockey operations and then determine the path forward... As owners, we have failed."

He refused to take questions on particular players or members of the coaching staff.

Throughout the second half of the 2017-18 season, both Snow and Weight looked to be on the hot seat after the Islanders' swoon during the final stretch of the season.

Snow has held the GM position since the summer of 2006 and has continuously ignored the needs of his team, ignored especially at the trade deadline, thus withholding them from becoming legitimate contenders. He's only made one major move of note, acquiring Ryan Smyth for

a stretch playoff run at the end of the 2006-07 season.

At this year's Feb. 26 trade deadline, Snow once again was unable to make any kind of deal that would improve his team which sat just two points out of the final Eastern Conference playoff spot.

The team was in desperate need of defense, sporting the league's worst unit that heaped tons of pressure squarely on the shoulders of the Islanders offense, which was one of the NHL's best attacks for a majority of the season. While there were upgrades available on the market, Snow only brought in unproven defenseman Brandon Davidson and winger Chris Wagner, which did nothing to help the team's chances of playing deep into the spring.

His inaction came amongst an Islanders eight-game losing streak, one that would doom him and the team to another playoff-less year, the eighth time in his 12 seasons as general manager.

In the meantime. Weight did not show the slightest inkling of making any sort of legitimate adjustments that could help limit the damage.

Good coaches find ways to limit losing streaks and pick up points in unlikely situations. Instead, New York's head coach proved that the pressure of underachieving was too much for him to bear.

After going 24-12-4 (52 points) in his 40 games as interim head coach after Jack Capuano was fired last year, Weight went just 35-37-10, playing a dangerous brand of hockey that put too much reliance on a bad defense. When it came time to shuffle up his roster in hopes of sparking a change, it was already too late for the team's playoff hopes.

It's one thing if these are the two preferred men that star captain John Tavares wants to work with in the future. The soon-to-be free agent's departure would likely set the franchise back at least five years. If he wishes to negotiate a new contract with Snow and wants Weight as his head coach, Ledecky would have likely felt obligated to keep them on for at least another year.

But if their retention is coming from sheer ignorance from ownership, Ledecky will see his stock plummet from franchise savior just a few months ago, to villain heading into one of the Islanders' most important summers ever.



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### **LEGAL NOTICES**

NOTICE OF SALE

SUPREME COURT COLINTY OF QUIEFNS FEDERAL NATIONAL MORTGAGE ASSOCIATION, Plaintiff(s), Index No. 710842/2015 Against HELEN JENNINGS, ET AL., Defendant(s) Pursuant to a Judgment of Foreclosure and Sale, duly entered in the Queens County Clerk's Office on 2/6/2018, I, the undersigned Referee, will sell at public auction in Courtroom #25 of the Queens County Supreme Court, 88-11 Sutphin Boulevard, Jamaica, NY on 4/20/2018 at 10:00 am, premises known as 13045 224th Street Springfield Gardens, NY 11413, and described as follows: ALL that certain plot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being in the Fourth Ward, Borough and County of Queens, City and State of New York, and designated on the tax maps of the Queens County Treasure as Block 12902 and Lot 14. The approximate amount of the current Judgment lien is \$539.947.12 plus interest and costs. The premises will be sold subject to provisions of the aforesaid Judgment of Foreclosure and Sale; Index # 710841/2015, Donna Furey, Esq., Referee McCabe, Weisberg & Conway, P.C. 145 Huguenot Street, Suite 210 New Rochelle, NY 10801 Dated: 2/16/2018 File Number: 560-6411

NOTICE OF FORMATION of A Talent Toolbox LLC Articles of Ora, filed with the Secv. of State of New York (SSNY) on 02/15/2018. Office location: Bronx County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o United States Corporation Agents, Inc., 7014 13th Ave., Ste. 202, Brooklyn, NY 11228. The principal address o the LLC is: 5700 Arlington Ave. # 3B, Bronx, NY 10471. Purpose any lawful act or activity

NOTICE IS HEREBY GIVEN that a license, Serial #1309378, for Liquor. Wine & Beer has beer applied for by the undersigned to sell Liquor, Wine & Beer at retail under the Alcoholic Beverage Control Law at 274 Wyckoff Ave., Brooklyn, NY 11237. Kings County, for on premise consumption. Tender . Block LLC.

### NOTICE OF SALE

SUPREME COURT QUEENS COUNTY MASTER HOLDING INC.; Plaintiff (s) vs. GURU P. HARIPRASAD; et al: Defendant (s) Attorney (s) for Plaintiff (s): ROSICKI, ROSICKI & ASSOCIATES, P.C., 2 Summit Court Suite 301 Fishkill, New York, 12524. 845.897.1600 Pursuant to judgment of foreclosure and sale granted berein on or about March 1, 2018, I will sell at Public Auction to the highest bidder at the QUEENS COUNTY SUPREME COURT located at 88-11 SUTPHIN BOULEVARD, JAMAICA, NEW YORK, IN COURTROOM #25. On April 27, 2018 at 10:00 am. Premises known as 90-60 180 STREET, JAMAICA, NY 11432 Block: 9896 Lot: 78 All that certain lot, piece or parcel of land, with the buildings and improvements thereon erected, situate. Iving and being in the Borough and County of Queens. City and State of New York. As more particularly described in the judgment of foreclosure and sale. Sold subject to all of the terms and conditions contained in said judgment and terms of sale. Approximate amount of judgment \$612,872.98 plus interest and costs. INDEX NO. 704917/2014 Peter M. Wolf, Esq., Referee

### NOTICE OF FORMATION

of T.U Sound LLC. Articles of Org. filed with the Secy. of State of New York (SSNY) on 12/19/2017. Office location: Bronx County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 3308 Lurting Ave., Bronx, NY 10469. Purpose: Providing DJ services and quality Caribbean events in the Tri-State area.

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that a license, Number 1309281, for Beer & Cider has been applied for by the undersigned to sell Beer & Cider at retail in a Restaurant under the Alcoholic Beverage Control Law at 135-15 Lefferts Blvd., Ozone Park, NY 11420. Queens County, for on-premises consumption. New Brisas Latinas Bakery/Restaurant Incorporated d/b/a New Brisas Latinas Bakery Restaurant

### NOTICE OF SALE

SUPREME COURT QUEENS COUNTY DEUTSCHE BANK NATIONAL TRUST COMPANY AS TRUSTEE FOR GSR MORTGAGE LOAN TRUST 2006-0A1; Plaintiff(s) vs TONLSIMONS: et al: Defendant (s) Attorney (s) for Plaintiff (s): BOSICKI BOSICKI & ASSOCIATES, P.C. 2 Summit Court, Suite 301 Fishkill, New York, 12524 845.897.1600 Pursuant to judgment of foreclosure and sale granted herein on or about January 29, 2018, I will sell at Public Auction to the highest bidder at the QUEENS COUNTY SUPREME COURT, located at 88-11 SUTPHIN BOULEVARD. JAMAICA NEW YORK IN COURTROOM #25. On April 27, 2018 at 10:00 am. Premises known as 167 FOCH BLVD, JAMAICA NY 11434 Block: 12364 Lot: 114 ALL that certain plot, piece or parcel of land, situate, lying and being in the Borough and County of Queens, City and State of New York As more particularly described in the judgment of foreclosure and sale. Sold subject to all of the terms and conditions contained in said judgment and terms of sale. Approximate amount of judgment \$329,462.65 plus interest and costs. INDEX NO. 19399/2013 Peter M. Wolf, Esq., Referee

NOTICE IS HEREBY GIVEN. PURSUANT TO LAW that the NYC Department of Consumer Affairs will hold a Public Hearing on Wednesday, April 25, 2018 at 2:00 p.m. at 42 Broadway. 5th floor on a petition for TJ Alvarez Corp. to establish, maintain, and operate an unenclosed sidewalk cafe at 1710 2nd Ave. in the Borough of Manhattan for a term of two years.

REQUEST FOR COPIES OF THE REVOCABLE CONSENT AGREEMENT MAY BE ADDRESSED TO: DEPARTMENT OF CONSUMER AFFAIRS, ATTN: FOIL OFFICER, 42 BROADWAY NEW YORK NY 10004

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Department of Consumer Affairs will hold a Public Hearing on Wednesday, April 25, 2018 at 2:00 p.m. at 42 Broadway, 5th floor on a petition for 200 Tribeca Restaurant LLC to establish, maintain, and operate an unenclosed Sidewalk cafe at 1136 3rd Ave. in the Borough of

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NOTICE IS HEREBY GIVEN that a license, Number Pending for On Premise Liquor has been applied for by the undersigned to sell Liquor, Wine, Beer & Cider at retail in a Restaurant, under the Alcoholic Beverage Control Law at 4720 Center Blvd., Space C, Long Island City, NY 11109

NOTICE IS HEREBY GIVEN that a license, Number Pending, for On Premise Liquor has been applied for by the undersigned to sell Liquor, Wine, Beer & Cider at retail in a Restaurant, under the Alcoholic Beverage Control Law at 261 Hudson St., New York, NY 10013. New York County, for on premises consumption. Whitmans 261 Hudson LLC

NOTICE IS HEREBY GIVEN. PURSUANT TO LAW, that the NYC Department of Consumer Affairs will hold a Public Hearing on Wednesday, April 25, 2018 at 2:00 p.m. at 42 Broadway. 5th floor on a petition for Surfish Bistro Il Inc. to establish, maintain, and operate an unenclosed sidewalk cafe at 550 3rd Ave. in the Borough of Brooklyn for a term of two years.

REQUEST FOR CODIES OF THE REVOCARIE CONSENT AGREEMENT MAY BE ADDRESSED TO: DEPARTMENT OF CONSUMER AFFAIRS ATTN: FOIL OFFICER, 42 BROADWAY, NEW YORK, NY 10004.

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### **ENTERTAINMENT**





York Tuesday, April 10, 2018



### **ACROSS**

- 1 Old TV taper
- 4 Clutch
- 8 Actor -- Montand
- 12 Gotcha!
- 13 Times past
- 14 Has a bug 15 Males
- 16 Hotfoot it
- 17 Stopped snoozing 18 Kind of fever
- 20 Sense
- 22 -- does it!
- 23 Bede or Ant
- 25 "Psst!" (2 wds.)
- 29 Hot brew 31 First name in horror
- 34 Vast stretch of time
- 35 Kind of pilot
- 36 Admired one

### metro.us/crossword

- 37 Lime drink
- 38 Red-waxed cheese 39 Solstice mo.
- 40 Whiteboard need
- 42 Invalid
- 44 Alice's chronicler
- 47 Ring the bell 49 Kudos
- 51 Buzz
- 53 Draft animals
- 55 Chem room
- 56 Bonnet, in London 57 Goddess of victory
- 58 FBI acronym
- 59 Cravings
- 60 Without cease
- 61 Low-lying island

- 1 Siren
- 2 Swindle
- 3 Bunkhouse site
- 4 Dance wildly
- 5 Reddish-brown
- 6 Equator segment
- 7 Complaint

- 8 Swung off-course
- 9 Broke the rules
- 10 Large deer
- 11 Weathervane dir.
- 19 Tai -
- 21 Perfume label word
- 24 Plateau
- 26 Once around the sun
- 27 "Star Wars" guru
- 28 Small bills
- 30 Cash dispenser 31 Proposal
- 32 Blissful spot
- 33 Style of speaking
- 35 -cotta
- 40 Architect's wing 41 Bacon bringer
- 43 Parliament members
- 45 Flowery scent
- 46 Honshu port
- 48 Type of wolf
- 49 Lap dog
- 50 Auction site
- 51 Kid's question
- 52 Furrow maker
- 54 Centurion's 14

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### metro.us/sudoku



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## metro.us/horoscopes



Aries Don't sit back when you should be moving forward. Take care of personal papers and don't leave anything to chance. A improvement will boost your morale.



Taurus Take a closer look at your personal affairs, but don't disclose your findings. Dealing with institutions will turn into an emotional problem that should not show for all to see.



Gemini Your ability to put a unique spin on an old plan will be praised, but don't let compliments go to your head, or someone will take you for granted.



Cancer Emotional discussions will not end well if you aren't willing to compromise and don't show interest in the needs of others. Take a step back and look for solutions.



hard

Leo Make plans with a friend or relative. Reconnecting with someone via social media will be endearing but also costly if you end up overspending on long-distance communication.



Virgo Don't let the past hold you back. Distance yourself from anyone trying to put a label on you or drag you into something you haven't cared to do in a long time.



Sagittarius You'll be tempted to make a change based on emotion instead of practicality and common sense. Question your motives before you jump into something sketchy.

Libra Make an effort to get along with

someone you love, and be willing

to offer something for whatever you

want in return. Equality will make a

**Scorpio** A personal change may not be welcomed by others, but you must

follow your heart and do what's best

for you. Put yourself first, make your

move and don't look back.

difference.



Capricorn Emotions can cause you to do funny things. Don't get so deep into something that you cannot retract an offer you made. Anger and frustration are apparent.



Aquarius An unusual situation concerning a friend or relative will put you in a position that requires intelligence, common sense and compassion.



Pisces An emotional situation will develop if you are dealing with someone who is trying to control your actions. Don't put up with manipulative, demanding people. EUGENIA LAST

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